

# LUNCHTIME EXAMPLE MENU

## STARTER & MAIN OR MAIN & DESSERT - £12 PER PERSON

### STARTERS

**Deep Fried Breaded Whitebait,**  
with a Pot of Homemade Tartare Sauce

**The Royal Oak Crayfish Cocktail,**  
topped with Bloody Mary Marie Rose  
Sauce

**Homemade Soup of your Choice,**  
with a Warm Bread Roll

**Pan Fried Award Winning Black  
Pudding,**  
with a Pot of Caramelised Red Onion  
Marmalade

**Chilled Sweet Galia Melon,**  
topped with an Iced Fruit Sorbet

**Smooth Chicken Liver & Brandy Pate,**  
with a Bramley Apple & Cider Chutney  
and Warm Toasted Olive Bread

### MAIN COURSE

**Fresh Fillet of Haddock, Deep Fried in a  
Light Crispy Batter,** with a Pot of Tartare  
Sauce and Chips

**Deep Fried Breaded Wholetail Whitby  
Scampi,**  
with a Pot of Tartare Sauce and Chips

**Pan Fried Scottish Salmon Supreme,**  
with a Classic Hollandaise Sauce

**Oven Roasted Breast of Chicken,**  
in a Mushroom & White Wine Cream  
Sauce

**Steak & Blue Stilton Pie,**  
topped with a Puff Pastry Lid

**Minced Beef Lasagne,**  
topped with Melted Cheddar Cheese

### DESSERTS £5.95

**Steamed Sticky Toffee Pudding,**  
with Caramel Sauce & Hot Vanilla  
Custard

**Boozy Raspberry & Sherry Teacup Trifle,**  
topped with Whipped Chantilly Cream

**Caramelised Exotic Fruit Crème Brulee,**  
topped with Lemon Meringue Ice Cream

**Steamed Strawberry Jam Roly Poly,**  
with Hot Vanilla Custard

**Brandy Snap Basket,**  
filled with Whipped Vanilla Cream &  
Fresh Strawberries

**Iced Chocolate Cookie Cream Parfait,**  
with a Chilled Raspberry Coulis

**A Trio of Ice Cream or Iced Fruit Sorbet**

### VEGETARIAN MENU £11.95

**(Available on the Two Course)**

**Creamy Vegetable Lasagne,**  
topped with Melted Cheddar Cheese

**Mushroom & Sweet Pepper Stroganoff,**  
with Steamed Basmati Rice

**Mild Thai Green Style Vegetable Curry,**  
with Steamed Basmati Rice

**Mushroom, Brie & Cranberry Puff  
Pastry Wellington,**  
with a Parsley & White Wine Cream  
Sauce

**Gruyere Cheese & Red Onion  
Marmalade Quiche or Broccoli & Blue  
Stilton Quiche,**  
with a Seasonal Salad and a Potato &  
Fresh Herb Salad

**Mixed Bean & Vegetable Cassoulet,**  
with a Buttered Baked Potato

### SANDWICHES

**(Warm Ciabatta £1.00 Extra)**

£4.95

£5.25

Served with a Fresh Salad and Crisps £5.50

£5.50

Grated Mild Cheddar Cheese and Pickle £5.25

Honey Roasted Local Ham & English Mustard £5.50

Roasted Local Sirloin of Beef £5.50

Bacon & Brie £5.50

Tuna Mayonnaise

Greenland Prawn & Marie Rose Sauce

Thinly Sliced Scottish Smoked Salmon

Fish Finger

### JACKET POTATOES £6.50

Served with a Fresh Seasonal Salad

Baked Beans

Melted Cheddar Cheese & Mayonnaise

Tuna Mayonnaise

Greenland Prawns & Marie Rose Sauce

Chicken Curry Mayonnaise

### SOUP OF THE DAY £5.95

Cream of Broccoli & Blue Stilton

Cream of Leek & Sweet Potato

Tomato & Courgette

### EXTRAS

A Bowl of Chips £2.50

A Bowl of Salad £2.50

The Royal Oak Team



THE ROYAL OAK  
GILLAMOOR





THE ROYAL OAK  
GILLAMOOD

